



Parents and Players Health declaration.

To support the club's robust approach to minimising the Risk of players, Coaches and families contracting Covid 19 the Club requests that each participant undertakes the following self-screen check list before travelling to a training session, Matches or other football activity.

If you answer 'yes' to any one of them, please do not travel to the training session or Match and follow all applicable Government Guidance (e.g. call NHS 111).

It is important to remember some people can pass on the virus before they develop symptoms, or never have symptoms despite being infectious.

Each participant should self-screen prior to arrival at training to ensure they do not have any of the following symptoms (confirmed by a parent for those under age 18), as these are potential indicators of Covid-19 infection.

A high temperature (above 37.8°C)

- Some clubs may include on-site temperature checking of participants as part of their SOP, this is more relevant to clubs who employ medical staff.

A new continuous cough.

Shortness of breath.

A sore throat.

Loss of or change in normal sense of taste or smell.

Feeling generally unwell.

Been in close contact with/ living with a suspected or confirmed case of COVID-19 in the previous two weeks.

Your coach will also be requesting and keeping track of all players and parents that have attended training or matches to manage 'NHS test and trace', if an infection is reported to someone present.

Please ensure that they have provided up to date details to your coach.

Thank you for your support

Hythe and Dibden Youth Football Club Committee.