

Hythe and Dibden Youth Football Club Safety & Health Risk Assessment



Description OF Task:	Hythe and Dibden YFC Training and Matchday
Location	Shore Road Recreation area and Applemore School and all Away matchday fixtures
Who or What May be Affected?	H&D YFC Committee Members, Club Coaches, Volunteers, Visitors and Public.

The content of this document must be clearly communicated to all persons involved with Club Training.

A Hythe and Dibden YFC Committee member or Qualified coach will be on site while activity is taking place. Any concerns please raise with the club Welfare officers.

All Volunteers should also follow current Government advice and government guidance. If you have any health and safety concerns raise them immediately with a member of the club Committee.

Risk Rating Matrix

The level of risk is Likelihood x Impact

		Likelihood					
		Almost never Never heard of in industry / work type	Hardly ever Heard of in industry / work type	Unlikely Occurred within SSE	Possible Occurs several times within SSE	Likely Occurs on site	Almost certain Occurs several times on site
Impact		A	B	C	D	E	F
Catastrophic	6	M	H	H	VH	VH	VH
Severe	5	M	M	H	H	VH	VH
Major	4	L	M	M	H	H	VH
Serious	3	L	L	M	M	H	H
Minor	2	L	L	L	M	M	H
Incidental	1	L	L	L	L	M	M
		$10^6 - 10^5 / \text{yr}$	$10^3 - 10^2 / \text{yr}$	$10^4 - 10^3 / \text{yr}$	$10^3 - 10^2 / \text{yr}$	$10^2 - 10^1 / \text{yr}$	$>10^1 / \text{yr}$

Hazard	Risk/incident that could occur and most likely injury or loss	Level of uncontrolled risk	Controls to reduce risk and prevent incidents and loss	Level of residual risk
Deciding whether to train or play matches (Coaches and Players)	COVID19 could be contracted or passed on	E-3 High	Everyone should self-assess for Covid-19 symptoms before every training session or match. If you are symptomatic or living in a household with possible or actual Covid-19 infection you must not participate or attend. You should stay home and follow the latest Government guidance .	B-3 Low
Person at increased Risk (Coaches and Players)	COVID19 could be contracted or passed on	D-3 Med	Anyone who is clinically vulnerable to Coronavirus (Covid-19) is advised to stay at home and not attend training or play matches	B-3 Low
Persons defined on medical grounds as extremely vulnerable or employees Living with a person in one of the above groups (Coaches, Players parents and Guardians)	COVID19 could be contracted or passed on	D-4 High	<p>Anyone identified as extremely clinically extremely vulnerable will be advised by their health authority and must follow the guidance on shielding and protecting people who are clinically extremely vulnerable from Covid-19 that they have been provided.</p> <p>Anyone living with a person who is at increased risk of severe illness, or an extremely vulnerable person who is shielding from Coronavirus (Covid-19), should stringently follow the guidance on social distancing and minimise contact outside the home.</p> <p>Anyone falling into this category MUST not Train or play matches</p>	B-3 Low
If someone falls ill while training	COVID19 could be contracted or passed on	D-3 Med	<p>If anyone develops a high temperature or a persistent cough while training, they should:</p> <ul style="list-style-type: none"> • Return home immediately • Avoid touching anything • Cough or sneeze into a tissue and put it in a bin, or if they do not have tissues, cough and sneeze into the crook of their elbow. Ensure a member of the Club Committee is informed <p>They must then follow the government guidance on self-isolation and not return until their period of self-isolation has been completed.</p> <p>FOLLOW HYTHE AND DIBDEN YFC FIRST AID GUIDANCE NOTE</p>	B-3 Low

Hazard	Risk/incident that could occur and most likely injury or loss	Level of uncontrolled risk	Controls to reduce risk and prevent incidents and loss	Level of residual risk
Travelling to Training and matches	COVID19 could be contracted or passed on	D-4 High	All coaches and players should Follow Government guidance for travel, including minimising use of public transport. Travel should be in their own transport unless sharing a car with someone from their household.	A-3 Low
Arriving and Leaving training and matches	COVID19 could be contracted or passed on	D-4 High	<p>Ask participants will be instructed to arrive shortly before the session starts and depart promptly when it finishes. Children and parents/carers should not congregate at the venue and should always maintain social distancing .</p> <p>Meet-up times should be adjusted to avoid time spent congregating at a venue</p> <p>When you arrive on site ensure that the following is in place and you are confident that controls are suitable.</p> <p>Ensure that you as a coach have been briefed on the Specific training guidance.</p> <ul style="list-style-type: none"> ● Site access and egress points should provide the ability for social distancing ● There may be a one-way system in place to the training area ● Allow plenty of space between you and anyone else waiting to enter site <p>All coaches and players must use the Sanitiser gel provided before starting any training.</p> <p>When the session or match is finished, players should be encouraged to leave the venue rather than congregate. The coach should try to manage departure to avoid any congestion at gates or doors. Utilise a one-way system if possible, to focus player and parent/carers' attention on the importance of maintaining social distancing.</p> <p>Unless absolutely necessary, participants should take their kit home and wash it themselves, or by family members. Post activity showers should be taken at home.</p>	B-3 Low
Inadequate provision of Hygiene – handwashing, sanitation facilities	COVID19 could be contracted or passed on		<p>Follow the site rules on the use of Toilet facilities</p> <p>Expect to see:</p>	

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and toilets		D-4 High	<ul style="list-style-type: none"> • Restrictions on the number of people using toilet facilities at any one time the use of use signage, such as floor markings, to ensure 2 metre distance is maintained between people when queuing • Enhanced cleaning regimes for toilet facilities, particularly door handles, locks and the toilet flush • Portable toilets should be cleaned and emptied more frequently • Provision of suitable and sufficient rubbish bins for hand towels with regular removal and disposal. <p>Wash or sanitise hands before and after using the facilities</p> <p>To maintain social distancing, all changing rooms should be kept closed until further notice. Keep changing rooms locked and use signage to clearly notify users.</p>	B-3 Low
<p>Training and matchday Planning to enable compliance with the current guidance</p> <p>Improper approach to the Hierarchy of Controls</p>	COVID19 could be contracted or passed on	D-4 High	<p>Coaches should ensure that all football activity follows the latest Government and FA guidance</p> <p>Competitive training can take place for all participants, in an outdoor setting provided this takes place in groups of no more than 30 (including coaches).</p> <ul style="list-style-type: none"> • Competitive match play is permitted, with social distancing in place before and after the session, and in any breaks in play. • The sharing of kit and equipment should be avoided and participants should bring their own drinks or refreshments, in named containers. • When the ball goes out of play, it should not be retrieved by non-participants and should be retrieved using the feet rather than the hands where possible. • Participants must not spit and should avoid shouting or raising their voices when facing each other, as detailed in The FA Covid-19 Code of Behaviour. • Set plays: players are encouraged to avoid unnecessarily long set-up or close marking. 	B-3 Low

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			<ul style="list-style-type: none"> • Other modifications apply to specific situations, such as goal celebrations being discouraged. • Coaches are encouraged to limit persistent close proximity of participants during match play and training. • Observing rigorous hygiene standards, injuries can be treated. • Spectator groups should be limited to six people per group and spread out in line with wider Government guidance. • Match fee payments should be cashless • Small-sided football should include more regular hygiene breaks in activity and • players discouraged from touching or tackling against boards. <p>All activity requires careful planning so this guidance is maintained. By choosing to coach, you are taking the responsibility to ensure that the group or groups you work with do remain adhering to the guidance.</p> <p>Coaches should follow the Club Risk assessment and guidance and should only re-start coaching when happy that safe sessions can be provided that are in line with the club guidance.</p> <p>While some players (or parents of players) might be pushing for a return to football activity as soon as possible there will be others who have real concerns, or their personal circumstances might make it difficult. The coach should be sensitive to these differing viewpoints. Some individuals, such as members of the BAME community, or due to their age, may face heightened risks from Covid-19. As such, any concerns should be taken seriously and addressed sensitively.</p> <p>Coaches should remind anyone intending to attend the activity that if they are showing symptoms of Covid-19 infection or have been in contact with someone displaying symptoms or diagnosed with Covid-19 within the last two weeks, they should not attend and should seek medical advice.</p>	

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			In planning a session, a decision should be made and communicated on the presence of parents/carers at training. If the space allows for them to observe from a safe social distance (e.g. in their car, if they have one), then consideration will need to be given on how to ensure they maintain the social-distancing and hygiene arrangements required.	
Inadequate communications and poor behaviours while training or playing matches	COVID19 could be contracted or passed on	D-4 High	<p>The measures necessary to minimise the risk of spread of infection rely on everyone taking responsibility for their actions and behaviours.</p> <p>Spectator groups should be limited to six people per group and spread out in line with wider Government guidance</p> <p>Provide a Covid 19 training guidance before starting and repeat every week or when new guidance has been provided</p>	B-3 Low
Use of Equipment	COVID19 could be contracted or passed on	D-4 High	<p>Plan your activities so that players avoid sharing equipment where possible. If you must share, then ensure the equipment are effectively cleaned and sanitised between each user</p> <p>All players and coaches shall use the supply of hand sanitiser before during and after the session.</p> <p>All shared equipment should be thoroughly washed/disinfected, and it should be clear whose responsibility it is to do this. Goal posts and corner poles should be wiped down before matches, after matches and at half time.</p> <p>Do not allow players to swap Bibs or shirts</p>	B-3 Low
Disposal of waste	COVID19 could be contracted or passed on	D-4 High	Dispose of any single use PPE in suitable waste receptacles. All waste that is potentially contaminated (wipes, gloves etc) should be double bagged and securely tied. This shall be treated as general waste	B-3 Low
Administering First Aid	COVID19 could be contracted or passed on	D-4 High	<p>If possible, maintain a 2m distance from the injured party and give them access to self-medicate or treatment</p> <p>Where not possible to maintain social distancing, for example if CPR is required carry out a personal risk assessment - Consider</p>	D-3 Med

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			<p>severity of the first aid incident and assess this against the potential risk. Have available a means of covering your mouth and nose e.g. surgical mask, full-face visor, triangular bandage, snood or something similar.</p> <p>Ensure that prompt hygiene measures are carried out after treating a patient, such as thorough hand washing, and do not touch your face.</p> <p>FOLLOW HYTHE AND DIBDEN YFC FIRST AID GUIDANCE NOTE</p>	
Being exposed to COVID19 during accident, security and incident management	COVID19 could be contracted or passed on	D-4 High	<p>In an emergency, an accident, or fire, coaches and players do not have to stay 2m apart if it would be unsafe</p> <p>People involved in the provision of assistance to others should use hygiene measures immediately such as hand sanitisers afterwards</p>	D-3 Med

RISK ASSESSMENT			
Risk Assessor Name:	Simon Johnson	Title	Hythe and Dibden YFC Committee Member
Date of Issue:	20/07/2020	Date of Review	20/08/2020
Name of person responsible for ensuring control measures identified are implemented	Hythe and Dibden committee members	Dates Reviewed	

DISCLAIMER:

This assessment is for general information only and does not constitute legal advice or replace any Government or PHE advice; nor does it provide any specific commentary or advice on health-related issues. Affected persons should therefore ensure that they seek independent advice from medical practitioners, or healthcare providers, prior to implementing any return to football activity, as required. While efforts have been taken to ensure the accuracy of this information at the time of publication, the reader is reminded to check the Government website to obtain the most up-to date information regarding social distancing and any other Government measures.